

# Inquiry into food production and supply in NSW - Submission 2022

**Submitted to the NSW Legislative Assembly Committee on Environment and Planning**

In Australia, the way our food is produced, manufactured, distributed and consumed is contributing to climate change and malnutrition in all its forms.

To achieve a more healthy, sustainable and equitable food system, change will need to occur across all sub-systems, including

- more sustainable agricultural practices
- less energy use in food processing and transportation
- a changed food supply chain and retail sector
- significant changes in consumer food choices
- strategies that result in less food waste

Food environments, including where people access food, the types of foods available, and the way that foods are marketed, have an enormous impact on population diets. A whole-of-system approach is required, and efforts to promote healthy and sustainable diets can trigger action across the entire food system.

In this submission we provide the NSW Legislative Assembly Committee on Environment and Planning with 16 recommendations to improve food production and supply in NSW.

For more, [read the submission.](#)

**Get in touch**

If you have questions about this submission, contact us at [policy@dietitiansaustralia.org.au](mailto:policy@dietitiansaustralia.org.au)